

**SOMETHING'S  
ALWAYS HAPPENING  
AT PJC!**



**PANCAKE BREAKFAST - FEB. 6TH**



**ZUMBA - FEB. 13TH**



**PJC WINE SALE - FEB. 26TH**

**SISTERHOOD MEETING  
SCATTERGORIES!  
TUESDAY FEB. 1ST - 8:15 PM**

**SISTERHOOD NEWS BEGINS ON PAGE 16**

**MAZEL TOV**

Judy & Harvey Altman, on the birth of their grandson, Noah Ronen Stein,  
son of Melissa & Jason Stein  
Richard & Rhona Liptzin on the marriage of their son, Scott, to Stefanie Doynow  
Gary Littman, on the birth of his granddaughter, Jenna Ashley Smith,  
daughter of Sherri & Brad Smith  
Evy & Jerry Rothman, upon the birth of their granddaughter, Jenna Blyn,  
daughter of Brett & Kenny Rosenberg

**HAMAKOM YINACHEM**

Robert Winterstein, upon the passing of his father, Leopold Winterstein  
Wendy Fingold, upon the passing of her mother, Gloria Malament  
David Millman, upon the passing of his father, Sam Millman

**WE WISH TO THANK AND EXPRESS OUR DEEP APPRECIATION TO  
THE FOLLOWING FAMILIES FOR THEIR DONATION TO PJC:**

Judy & Harvey Altman - Misheberach  
Bernard Zeichner - Misheberach  
Hank Marcus - Stella Marcus Holocaust Memorial Fund  
Rosalyn Scharf & Tami Futerman - Rabbi's Discretionary Fund

**WE WISH TO THANK AND EXPRESS OUR DEEP APPRECIATION TO THE FOLLOWING  
FAMILIES FOR THEIR GENEROUS CONTRIBUTION TO THE MORNING MINYAN:**

Judy & Harvey Altman  
Irving Weingarten

**Plainview Jewish Center - 516-938-8610**

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RABBI.....Steven Conn  
RABBI EMERITUS.....Julius Goldberg \*  
CANTOR.....Morris Wolk  
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\* In Memoriam

DEADLINE -FOR- ISSUE DATE  
1st of each month FEB. 1st

**WEEKDAY SERVICES**

**Mon. thru Fri..... 6:30AM**  
**Mon. thru Thurs.....8:00PM**  
**Sun. and Holidays..... 9:00AM**  
**Sun. and Holidays..... 8:00PM**  
**Friday Evening Services -**  
**Check Calendar for Times**

**WE'RE ON THE WEB:**  
**WWW.PLAINVIEWJEWISHCENTER.ORG**

## FEBRUARY CALENDAR

Rabbi Steven Conn & Cantor Morris Wolk will officiate at services

The Officers and Board of Trustees Extend a Hearty Mazal Tov to the Families of the Following Simchas

### Tuesday, February 1<sup>st</sup>

Sisterhood Meeting.....8:15PM

### Wednesday, February 2<sup>nd</sup>

Bible Study.....8:15PM

### Thursday, February 3<sup>rd</sup>

Executive Board Meeting.....8:15PM

### Friday, February 4<sup>th</sup>

Early Shabbat Services.....4:45PM

Pre-School Shabbat.....6:00-6:30PM

### Saturday, February 5<sup>th</sup>

Shacharit Services.....9:00AM

#### *Babynaming: Rebecca Wallenstein*

Shabbat B' Yachad-Shabbat is One.....10:30AM

Mincha/Maariv.....4:45PM

### Sunday, February 6<sup>th</sup>

Services followed by T/T

Pancake Breakfast.....9:00AM

Adult Hebrew Class.....9:30-11:00AM

Rosh Chodesh: It's a Girls Thing.....5:30PM

### Monday, February 7<sup>th</sup>

Teen Jewish Lens.....6:15-8:00PM

School Committee Meeting.....8:15PM

### Tuesday, February 8<sup>th</sup>

Men's Club Mediterranean Night.....7:30PM

### Wednesday, February 9<sup>th</sup>

Lunch and Learn.....11:00AM

Ritual.....8:15PM

### Thursday, February 10<sup>th</sup>

Board of Trustees Meeting.....8:15PM

### Friday, February 11<sup>th</sup>

Early Shabbat Services.....5:00PM

Family Friendly Friday Night Service.....7:00PM

### Saturday, February 12<sup>th</sup>

Shacharit Service.....9:00AM

#### *Bat Mitzvah: Jessica Hauser*

*Daughter of Carol & Alan Hauser*

Junior Congregation.....9:45AM

Mincha/Maariv.....5:00PM

### Sunday, February 13<sup>th</sup>

Service followed by T/T Breakfast.....9:00AM

Sisterhood Zumba Class.....9:15-10:45AM

Adult Hebrew Class.....9:30-11:00AM

Aleph Consecration.....10:00AM

Daled Workshop.....11:15AM-1:00PM

Youth Trip.....1:00PM

### Tuesday, February 15<sup>th</sup>

Sisterhood Board Meeting.....8:15PM

### Wednesday, February 16<sup>th</sup>

Bible Study.....8:15PM

### Thursday, February 17<sup>th</sup>

Hadassah.....7:00PM

### Friday, February 18<sup>th</sup>

Early Shabbat Services (only one service)...5:15PM

### Saturday, February 19<sup>th</sup>

Shacharit Service.....9:00AM

Mincha/Maariv.....5:15PM

### Tuesday, February 22<sup>nd</sup>

Men's Club Board Meeting.....8:15PM

### Wednesday, February 23<sup>rd</sup>

Chai Mitzvah.....7:30PM

### Friday, February 25<sup>th</sup>

Early Shabbat Service (only one service).....5:15PM

### Saturday, February 26<sup>th</sup>

Shacharit Services.....9:00AM

Mincha Maariv.....5:15PM

PJC Wine Sale.....8:00PM

### Sunday, February 27<sup>th</sup>

Patio Players Show Rehearsals.....1:00-10:00PM

### Monday, February 28<sup>th</sup>

Patio Players Show Rehearsals.....7:00PM

### Tuesday, March 1<sup>st</sup>

Patio Players Show Rehearsals.....7:00PM

Sisterhood Meeting.....8:15PM

**FROM THE RABBI by Rabbi Steven Conn**

As I write this month, our entire country is still reeling from the attack on Representative Gabrielle Giffords. We mourn for the victims whose lives were abruptly taken away from them on an ordinary Saturday morning in Tuscon. We pray for Representative Giffords and all those who were injured in the attack. And we try to make sense of an inherently senseless act. "What," we ask ourselves in horror, "could possibly have caused 21 year old Jared Loughner to open fire on a Congresswoman and a throng of people crowded around her?"



For some, the answer lies in the inflamed political rhetoric that has become all too common in our very polarized nation. I have spoken out often on the dangers of this kind of rhetoric. I think the nastiness and intensity of our current political debate is having a corrosive effect on our ability to address our problems as a nation. But, so far, there is no evidence that Loughner was motivated by partisan politics. Others have blamed the easy availability of semi-automatic weapons. Personally, I do not understand why we allow ordinary citizens to buy weapons like the Glock pistol, whose sole purpose is to kill many people as quickly as possible. To be sure, more restrictive gun laws might have meant fewer casualties. But tougher laws alone could not have prevented a deadly attack. The motive for the attack came from the deranged mind of Jared Loughner, whose behavior had become more erratic and disruptive over the last few months. There is little doubt that Loughner is suffering from a severe form of mental illness; which fueled his paranoia and anti-social behavior. Untreated, Loughner's symptoms intensified until he reached a crisis point. He became volatile and violent. And no one acted to stop him until it was too late.

Unfortunately, for many of us, these types of extreme cases, like Jared Loughner's, are what most often come to mind when we think about mental illness. These are the cases that generate headlines in the newspapers and fear in the hearts of bystanders. But these types of cases occupy only a small space on one end of a very large spectrum of conditions that are classified as mental illness. An estimated 26.2 percent of Americans ages 18 and older — about one in four adults — suffer from a diagnosable mental disorder in a given year. While the most severe types of mental illness are rare, conditions like anxiety disorder, social phobia, and depression are quite common. We all know people who struggle with these and other "milder" forms of mental illness. In fact, many of us may, at some time in our lives, have a diagnosable condition ourselves. Many of these conditions can be treated with therapy and medication. Some resolve themselves over time. Yet, for others, mental illness is a chronic condition. Despite all the advances in treatment, people we know struggle to cope with mental illness every day. Medications can have side effects, work only partially, or stop working altogether. Therapy requires a tremendous amount of dedication and commitment to be effective. And there are still people who avoid treatment altogether because of the stigma attached to a mental illness diagnosis.

In spite of the headlines, then, the real battle against mental illness is being fought, for the most part, in our homes and the homes of our neighbors. The forms of mental illness we encounter most often, and may struggle with ourselves, are not conditions to be feared, but rather to be understood and placed in the proper perspective. Mental illness is not something that happens only to other people, who are somehow different from us. Mental illness affects us, our loved ones and our neighbors every day. People who struggle with mental illness need our support, our compassion and our empathy. Mental illness affects us all, directly or indirectly. Our empathetic attitude toward mental illness can make a great difference in the willingness of those who are struggling to seek treatment. Our involvement and support can help treatment be far more effective.

( continued on page 5 )

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***From The Rabbi ( continued from Page 4 )***

Regrettably, support for those dealing with mental illness pales in comparison to the support available to those dealing with physical illness. Until recently, insurance companies did not provide the same coverage for treatment of mental illness that was provided for treatment of physical illness. This disparity reflected the prevailing idea that mental illness was somehow different in nature. Yet, we now know that mental illness is largely physiologically based. Most mental illnesses have their roots in an imbalance in the brain chemistry, which may be caused or influenced by environmental factors. For this reason, many new and effective treatments are based on medications that seek to re-balance chemicals in the brain. For the most part, then, mental and physical illnesses have the same underlying cause. Both conditions stem from the body's normal functioning being disrupted. As with physical illnesses, mental illnesses can sometimes become chronic conditions. There is not always a "magic pill" that leads to a cure.

Someone who struggles with chronic depression or social phobia may be dealing with a condition that affects them for a lifetime, just like, for example, Lupus or Crohn's disease. People in both groups may have good days and bad days. They may respond better or worse to any particular treatment. They may need to exercise constant vigilance and engage in a high level of self-care in order to maintain a fairly normal life. Just as we sympathize with and support someone who struggles with Lupus, Crohn's disease or any other chronic physical condition, we should sympathize with and support anyone who is battling with a chronic mental health issue. Because both kinds of conditions are so firmly based in our physiology, there should really be no difference in our attitudes or our empathy.

Mental illness, like physical illness, can become a part of our lives at any time. People who struggle with mental or physical illness are no different from the rest of us—in fact, they are us. We need to embrace this commonality because it is helpful—but also because it is holy. Our approach toward anyone who is struggling with mental or physical illness should be shaped by the following midrash:

**“When a human being uses a broken vessel s/he is ashamed of it, but not so God. All the instruments of God's service are broken vessels, as it is said, ‘The Eternal is close to the broken-hearted (Psalm 34:19) or “God heals the broken-hearted””(Psalm 147:3) – Midrash Tehillim Rabbah 25:158b.**

If we are among those who struggle with mental illness, we should not be ashamed. God created us that way. And if we know someone who struggles with mental illness, we should, like God, strive to be closer and more supportive, instead of pulling away.

God is, of course, the ultimate source of healing. But we can be instruments of God's healing, through our understanding, our empathy and our acceptance. If, through greater understanding and more hands on involvement, we could help to remove the stigma from mental illness in our communities, more people who are affected would seek treatment, and treatments would be far more likely to succeed. The lives of many of us would be richer, fuller and more productive as a result: including those who struggle with mental health conditions, caregivers, family members and neighbors and co-workers. It is even possible that those few people who suffer from the most severe mental health conditions would, instead of so often being ignored, receive active interventions that would make tragedies like the shootings in Tucson far less likely to happen. The key to all these outcomes lies with our willingness to let go of our fear and acknowledge the reality that mental illness is a physical condition that affects many people in our own communities, families and homes. We can't run away from the effects of mental illness, but we can make a big difference in how mental illness affects us. The key is to replace our fear with knowledge, understanding and compassion; to recognize, as God well knows, that all of us are, ultimately broken vessels beloved by God.

## The Cantor's Note: *A Visit to London*

We spent our New Year's holiday in London again, a city we often enjoy visiting at this time of year. One of the pleasures of traveling, for me, is learning about different Jewish communities and visiting local Jewish sites. As a Jew, it is very worrisome and disheartening, though, to read that Britain has become, perhaps, the main base for an international effort to boycott Israeli products and academics, prosecute Israeli diplomats for war crimes, and deny Israel's right to exist in its current form.

While we were there, it was revealed that two rabbis were among a group of potential targets for a gang of Islamic terrorists that had recently been apprehended. London, like New York, has become a multicultural city, only the influence of Islam is much more pervasive and one cannot help but speculate as to the depth and virulence of their antipathy to Jews and to Israel

Jewish life, however, continues apace. This was the week of the Limmud conference, which was held at the University of Warwick in Coventry. Limmud, a Hebrew word which means learning, is a forum to foster Jewish learning, culture and community, attended this year by over two thousand participants from virtually every segment of British Jewry. It began in England during Christmas week of 1980, and now, on its thirtieth anniversary, it is an international movement, active in fifty-five communities and in several dozen countries including the United States.

It has also been announced recently that the current British chief rabbi, Lord Jonathan Sacks, will retire in 2013. Despite occasional friction, he is accepted as the de facto leader of the Jewish community, although officially, the chief rabbi is only head of the United Synagogue, which represents centrist Orthodoxy. In Britain, unlike North America, it was the Orthodox who set up and have always dominated the communal infrastructure, making the non-Orthodox movements, which number approximately thirty percent of the community, essentially minor partners. The Cambridge educated Rabbi Sacks, a brilliant scholar, speaker and author, has positioned himself as arguably Britain's most publicly outspoken religious leader, in the mold of his predecessor, Immanuel Jacobovits, Margaret Thatcher's "father confessor". Sacks has, regrettably, too often been stymied and pressured by the right wing of his movement into adopting positions which were disappointing to other segments of the community. His impending retirement has set off a flurry of speculation about potential successors, their focus, and the potential impact on a shrinking community struggling with its place in a British society, itself grappling with the rapid growth of an often hostile Muslim population.

On Shabbat we usually attend services at the West London Synagogue. Since there is no Masorti, or Conservative congregation within walking distance of our accommodations, we have adopted this historic Reform synagogue. It is the oldest Reform congregation in Britain, founded in 1840, and located at its present site since 1870. The beautiful sanctuary, dating from that year, is built in the Moorish style. When we first starting attending, the spiritual leader was the renowned Rabbi Hugo Gryn, a Holocaust survivor. Upon his death, the pulpit was assumed by an American, Rabbi Mark Wiener. Now that he has retired, the synagogue is being led by Associate Rabbi Danny Burkeman, until a new senior rabbi can be selected. Rabbi Burkeman was brought up in the West London Synagogue and ordained at Hebrew Union College in California. While speaking with him, we learned that he knows a friend of our son, Michael, who recently graduated from the Jewish Theological Seminary, where Michael is a rabbinical student. His friend is now rabbi of a small Conservative synagogue on the outskirts of London. In the West London Synagogue, the officers, called "wardens", attired in morning suits and top hats, still sit in special boxes, but in other respects, things have changed over the years, as they have in American synagogues. People have



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**THE CANTOR'S NOTE ( continued from Page 6 )**

become friendlier. Observing that we were visitors, many congregants greeted us and came over to chat and, for the first time, we were given an honor in the service. There is a magnificent pipe organ and professional choir to which I enjoy listening, but I have always been dismayed that a synagogue of this importance does not have a cantor. It was explained to me that this was part of their break from Orthodoxy in the nineteenth century. Here, too, things are beginning to change. There is a new music director, a woman, born in Israel and educated in New York. On the Shabbat that we attended, it being New Year's weekend, the choir was off. Instead, this young woman stood on the bima next to the rabbi and led the singing of the prayers, something revolutionary for this synagogue. Though she is not a cantor by training or calling, she functioned as what might be called a cantorial soloist. She was very well received, and is apparently very well-liked within the congregation. It was announced that there would be other occasions when she would again function in this capacity. I wish her well. She will have to work hard at creating a culture of congregational singing. Perhaps the day is not far off when old prejudices will be overcome and a trained cantor will occupy the pulpit together with the rabbi at the West London Synagogue.

The sun may have indeed set on the British Empire, but not on Jewish life in London.

**Cantor Morris Wolk, D. Mus.**

## THE BIBLE CLASS IS GOING STRONG

Looking for an hour of action, drama and excitement on Wednesday night? Take in a classic series that has been delivering the thrills for more than 2000 years. Join Rabbi Conn for all the action on Wednesday February 2<sup>nd</sup> and Wednesday February 16<sup>th</sup> at 8:15 PM.

Rabbi Conn will continue to guide our class through one of the Bible's most dramatic books. *I Samuel* tells the tragic story of the rise of the fatally flawed King Saul and of his rivalry with the charismatic hero, David. Join us for a lively and stimulating discussion of this riveting story. The class meets in the Youth Corner the first and third Wednesday of the month. Refreshments will be served.

## LUNCH AND LEARN

Join us on the second Wednesday of each month, from 11AM to 12:45PM, for stimulating study, good food and even better company at our monthly *Lunch and Learn* with Rabbi Conn. On February 9th, we will focus on the question, "*Do Jews Believe in Hell: A Look at Some Jewish Teachings on the World To Come*". Please RSVP to the Temple Office by February 7<sup>th</sup> to join us for lunch. Suggested donation is \$5 per person.

Also, on March 9th, we will be hosting Rabbi Joshua Kulp from the Conservative Yeshiva in Jerusalem. This is a special *Lunch and Learn* which is being sponsored by METNY region of USCJ. More details will be available soon!

## ADULT BAT MITZVAH

The countdown to 2013 has begun. The first session of our Adult Bar/Bat Mitzvah class took place on Sunday morning, January 23<sup>rd</sup> from 9:30-10:50 AM. This two year program will include learning to read Hebrew, mastering the Saturday morning service, an in-depth study of Jewish history, lifecycle, holidays, values and practices, and the chance to celebrate Bar/Bat Mitzvah as a group by being called to the Torah and reading from a haftorah. New students may still join this group until February 6th. For more information, contact Rabbi Conn.

**PRESIDENT'S MESSAGE by Shea Z. Lerner**

*"All progress is initiated by challenging current conceptions, and executed by supplanting existing institutions".*

George Bernard Shaw (1856-1950) Irish writer.



Another month, another column! As time flies by, so does the current of change at the Plainview Jewish Center. By now, many of you have commented (positively I might add) how things are beginning to change for the better. Not that things were bad in the past, but that current change both reflects and MEETS THE NEEDS OF ALL OF OUR MEMBERS.

For those with children and/or grandchildren in the Religious School; pay a visit upstairs. We have professionally painted the entire school and stairwell wing, replaced ceiling tiles, light bulbs and light covers to beautify the environs. The individual classrooms will be completed this summer. Later this month, we break ground for the new computer lab, as well as the SmartBoards and White Boards for the slated classrooms. Soon thereafter, all teachers will undergo extensive training in both technology and curriculum to modernize the way in which we teach over 5000 years of our Judaic existence. This process will be forever ongoing.

Robert Ian Caterers is booking simchas galore and planning the refurbishing of our facility. Be on the lookout for his welcoming cocktail reception in the very near future.

Stop by Rabbi Conn's newly renovated office for learning, guidance or just a chat. I'm sure you will be pleased with not only him, but his new surroundings. While you're at it, feel free to give suggestions or commentaries on his new monthly column in the Plainview-Old Bethpage PennySaver. *God Squad* beware, *Conn's Corner* is here!

Our Volunteer initiative is moving forward. Those who have participated in the school recruitment brunches have already been placed on existing committees. Another brunch is scheduled for March; you need not wait to volunteer your services until then.

The new mantra is going Green. The Board of trustees is looking into ways of becoming an environmentally friendlier place. In the meantime, we have already made tremendous strides in our recycling efforts.

Don't forget to help support our Bar/Bat Mitzvah kids' Mitzvah projects. Boxes highlighting their efforts are in front of the main office.

Last, but not least, help support our positive change. Purchase ShopRite gift cards through the main office. Now, you may even charge them on Credit Cards. PJC receives 5% on every \$100 ShopRite card purchase and you get the full \$100 purchase value!

Former Mayor Edward I. Koch always asked, "How am I doing?" Please feel free to let us know! The only way we know what you so desire, is by telling us. Until Next Month, with Love, Shea

*THE OFFICERS AND BOARD OF TRUSTEES WOULD LIKE TO EXPRESS  
OUR APPRECIATION AND GRATITUDE TO  
**PHYLLIS SARREL**  
FOR VOLUNTEERING HER TIME AND EFFORT  
IN THE PJC OFFICE.  
SINCERELY, SHEA Z. LERNER, PRESIDENT*

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**Please join us for a fun filled night  
at the  
Plainview Jewish Center's  
Annual Wine Tasting**



**Saturday, February 26<sup>th</sup>**

**at 8:00 pm**

**Huge selection of quality  
Passover wines to sample!**



**Delicious Refreshments,  
Music, Raffles & Fun!  
\$10 per person or \$18 per couple**

**RSVP to: Michael or Susan Stromberg**

**516-433-4868 or [stromies@aol.com](mailto:stromies@aol.com)**

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## Family Education News by Judy Alper

The Picnic/Campfire was an outstanding success! Seventy five adults and children enjoyed balloon relay races, a filling and delicious hot dog dinner and a “campfire” with s’mores. Thank you to everyone who helped. Among our many magnificent helpers were Rhonnie Diener, Alan Hauser, Michael Portnoy, Joe Schinz, Joel Stern and Abe Alper. Applause for all the adults and Bar and Bat Mitzvah age children who helped with the races. No doubt about it, a good time was had by all.

At the time of this writing we are in the midst of a great deal of planning and preparations for the January 22<sup>nd</sup> Melave Malke celebration and the amazing Azamra DJ. Reservations are pouring in and it looks like we will have a terrific turnout and a wonderful Tu B’Shevat celebration along with our fantastic evening. Thank you to everyone who helped in the planning and execution of this event.

February continues to be an exciting month for Family Education activities. Don’t let any more snow keep you in the house. You can look forward to our monthly Family Friendly Friday Night Service. It is being held on Friday evening, February 11<sup>th</sup> at 7:00pm. No matter how cold and chilly it is outside, there is a warm, friendly atmosphere inside PJC! Join us for a welcoming and participatory service followed by an oneg that gives you a chance to relax and enjoy the true meaning of Shabbat. All ages welcome—children through adults. If you would like to share in celebrating a birthday, anniversary, achievement of any kind or just want to wish everyone a “Good Shabbos” you can help sponsor the oneg (for a minimum of \$18).

Our Rosh Hodesh: It’s a Girl Thing! has really soared this year. We regularly have a large group of 6<sup>th</sup> and 7<sup>th</sup> grade girls participating. The meeting this month will be held on Sunday, February 6<sup>th</sup> at 5:30pm and includes pizza, snacks, and a holiday or other related craft and activity; all based on giving the girls a wonderful set of female Jewish role models and values. All Jewish 6<sup>th</sup> and 7<sup>th</sup> grade girls are welcome, no matter what their synagogue affiliation. It is an amazing program that we are fortunate to be offering. Thank you to PJC Sisterhood for their continued financial and heartfelt support of this program and investment in our Jewish future.

For information or to make reservations for any of the above activities, please email Judy Alper at [pjcfamilyed@gmail.com](mailto:pjcfamilyed@gmail.com). We look forward to your participation in our activities!

## Raina's Place

**Celebrate your special event in our  
private party place with karaoke, pool, and more!**

**\*All outside catering and entertainment welcome\***

Bris	Dinner parties	Reunions
Birthday parties	Suprise parties	Holiday parties
Baby/Bridal showers	Childrens parties	Engagement parties

**\*Hourly room rental and packages available\***

100 Woodbury Road Woodbury, NY (516) 224-4566  
[info@rainasplace.com](mailto:info@rainasplace.com) [www.RainasPlace.com](http://www.RainasPlace.com)



## CONGRATULATIONS! OUR B'NAI / B'NOT MITZVAH



**JESSICA HAUSER**

**February 12, 2011**

Jessica is the daughter of Carol and Alan Hauser and has a sister, Marissa. She is a seventh grader at Mattlin Middle School. Jessica enjoys participating in school plays as well as in the PJC Men's Club shows. She also enjoys soccer, baking, traveling, Camp Ramah and the *Rosh Hodesh - It's a Girl Thing* program. Her favorite holiday is Purim. For her Mitzvah Project, she tutors younger PJC Religious School students.

**REMEMBER TO PURCHASE CANDY BAGS  
FOR YOUR BAR/BAT MITZVAH  
THROUGH OUR YOUTH GROUP  
CONTACT THE TEMPLE OFFICE: 938-8610**

### PJC YOUTH CORNER

Please save the date for all youth groupers in Grades 3-12. We are going bowling at AMF Plainview on February 13th from 12:30-2:30pm. It will be a full two hours of fun with friends and bowling. These two hours will include shoes, unlimited bowling, pizza and unlimited soda. The cost is \$23 per child. Come and join PJC Youth for an afternoon of fun. PJC Youth has a lot of great programs to offer for all ages. Kadima and USY youths are able to meet peers from Nassau, Suffolk, Queens and Upstate. In February, USY has Mid-Winter Kallah which is a fun filled weekend away with old friends and meeting new ones. If you are interested in attending, please contact Lois Dori Lange @ [lois\\_lange@yahoo.com](mailto:lois_lange@yahoo.com).

At every Tironim and Kadima program, pizza is served and we have an amazing activity. If you would like more information regarding the youth programs or questions, please contact Lois at 516-426-6283 or [lois\\_lange@yahoo.com](mailto:lois_lange@yahoo.com) or join our facebook page at Planview Jewish Center Youth Groups.

## **SCHOOL NEWS By Rachel Ginsburg, Principal**

Usually Purim comes one secular month after Tu B'Shevat. Why, this year, are they separated by two full months? The answer is that the Hebrew calendar views this year as a leap year. Meaning we double the month of Adar, so we are going to have Adar I and Adar II. Purim will not be celebrated during the first month of Adar but during the second month, because according to Jewish law, the holiday must be set one month before Passover. So is there a Jewish holiday in February? The answer is yes and no! In Adar I corresponding to Feb. 20 and 21, we will celebrate what is known as "Purim Katan," the little Purim. On those dates if there is a funeral, we cannot recite a eulogy, but other than that we don't distinguish it in a special way. And so the answer is yes, and no.

The fact that there are no holidays in February, makes it an ideal month to focus on learning our theme for this year, "Israel – Our Second Home". We will assign projects to each grade for children and parents to work on. Kindergarten/Sunday School, Mechina and Alef have already received their assignments. We invite all parents to view our exhibit on the walls of the school hallway.

We have collected \$306.20 for Yemin Orde (the orphanage village in Israel that burned in the fire). Our goal is to reach \$1,000.00. Please help us to reach this goal and be part of a beautiful mitzvah.

In the spirit of doing a mitzvah, the school needs **a laptop computer**. If anyone can donate one, please call the school office. We want to thank you in advance, whoever you are! For all parents and students, enjoy the winter vacation.

### **RELIGIOUS SCHOOL CALENDAR**

- Feb. 2 (Wed) Parent-Teacher Conferences – 6:00 – 8:30 PM**  
for Alef 203 and Daled 208 only.  
Regular school for all classes on Wed. Feb. 2.
- 4 (Fri) Preschool Shabbat Service – 6:00 – 6:30 PM**
- 5 (Sat) "Shabbat As One" Junior Congregation – 10:30 AM – 12:00 noon**
- 6 (Sun) Tallit & Tefillah Pancake Breakfast & Service – 9:30 – 11:00 AM**  
It's A Girl Thing – 5:30 - 7:30 PM
- 7 (Mon) (Noar Yotzer) "Jewish Lens" Teen Program – 6:15 – 8:00 PM**  
School Committee Meeting – 8:15 PM in Library
- 11 (Fri) Family Friendly Service – 7:00 – 8:00 PM**
- 13 (Sun) Alef Consecration Service – 10:00 – 11:00 AM**  
Daled Workshop – 11:15 AM – 1:00 PM  
Teacher Development Workshop – 11:15 AM – 1:00 PM – Room 211
- 17 (Thu) Lifnei Lomed Meeting – 8:15 PM**
- 18-27 (Fri-Sun) Winter Vacation – No School or Junior Congregation Services**
- 28 (Mon) School resumes**

***Hey students must bring Tefillin & Tallit to the Tallit & Tefillin Program***

**PLAINVIEW JEWISH CENTER  
PROUDLY PRESENTS**

# **TOT SHABBAT**

**WITH RABBI STEVEN CONN**

**JOIN US FOR A FUN & SPIRITUAL SERVICE  
FOR CHILDREN AGES 0-5**

**SONGS, STORIES, PRAYERS**

**FRIDAY, FEB. 4TH - 6-6:30PM**

**ADDITIONAL DATES: MAR. 18TH & APR 15TH**

## **“*Minyan Makers*” - Small Chapel Quiz**

1. Which family donated the *Torah* reading / *davening* table?  
The Hoffman Family donated the *Torah* reading / *davening* table  
in loving memory of Shirley Faye Hoffman  
on August 12, 1985 – 25<sup>th</sup> Av 5745.
2. Which family donated the Ark doors?  
The Wolk Family donated the Ark doors  
in loving memory of Rose Wolk on  
October of 2001 - 27<sup>th</sup> Tishre 5762.

**Attend a PJC *minyan* today!!**

**Weekday mornings at 6:30 AM or Sunday at 9:00 AM  
followed by a bagel breakfast.**

**Weekday evenings at 8:00 PM (Sunday through Thursday nights).**

*For the Ritual Committee, Beryl Kwitkin*



**PJC SISTERHOOD**  
Is collecting new  
**Hats, Gloves and Scarfs**  
for  
**OHEL Children's Home**  
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*"The only agency that  
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children in Jewish  
homes!"*

Please help us keep the  
heads, necks and hands of  
children warm during these  
cold winter months!

Please drop off your  
donation in our bin by the  
temple office.

**Thank-you!**



FOR FUTHER INFO, PLEASE CONTACT  
BLAYNE: 433-3969 OR CINDY: 286-5232

# ShopRite Food Certificates are always available at the Temple office

or see Ellen Hayman Sunday, Monday & Wednesday  
at the Hebrew School



**Remember, by supporting the  
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**\*\* Food Certificates may be purchased by credit card in the temple office \*\***

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## FREE MONEY



Please help our Religious School earn free money  
Save Box Tops from General Mills brand items  
Either mail or deposit them in the Main or Education Office

**Ziploc – Kleenex – Hefty – Cheerios – Scott Paper  
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and many more !!**

# SISTERHOOD NEWS

## PRESIDENT'S MESSAGE - *Doreen B. Guzik*



Israel and the US have wonderful groups popping up to help the environment. Why should we even think about it? Keep reading! Rabbi Lawrence Troster, from *GreenFaith Rabbinic Fellowship*, wrote an article: *TEN JEWISH TEACHINGS ON JUDAISM AND THE ENVIRONMENT*. Rabbi Troster's article was based on Jewish law (one that we don't always take into consideration.) It states that, "In Judaism, the halakhah (Jewish law) prohibits wasteful consumption. When we waste resources we are violating the mitzvah (commandment) of Bal Tashhit ( *Do not destroy*)." It is based on Deuteronomy 20:19-20. (Here is a link to Rabbi Troster's article: <http://greenfaith.org/files/Ten%20Jewish%20Teachings%20on%20the%20Environment.pdf>).

Green Faith is an organization addressing "Green" lives through "Interfaith Partners in Action for the Earth." They are here in the US and have representatives available for guidance. Even Solomon Schechter Day School Association got into the act and received a Planning Grant from the Covenant Foundation to spearhead an inter-disciplinary curricular initiative on the theme of Judaism and the Environment. Organizations such as the Coalition on the Environment and Jewish Life (COEJL), Jewish Women in Environmental Activism – (Sounds like Sisterhood to me) and the Jewish Climate Initiative have just touched the surface on Environmental Responsibility.

Israel has several groups actively targeting the "Green" factor. Let's face it, Israel has been ahead of the game for a while. Israel has been using solar power for years on residential homes. They have kibbutzim which are very efficient small ecosystems on their own. But Israel isn't perfect. Industrialism does have an effect on the environment when laws aren't passed before the polluting damage is done. Israel has groups that are active outside and in the government. The Green Zionist Alliance is the grassroots campaign for a sustainable Israel. The Green Zionist Alliance is the first and only organization focused on the environment to ever participate in the World Zionist Congress. We know Israel has its share of industrial pollution problems, but luckily today Israel's Clean Air Act went into effect this month in 2011. It was originally passed in the summer of 2008. It took a while, but it was finally implemented and was announced in the Greenprophet, <http://www.greenprophet.com/>, an informative website/newspaper for the environment. Israel's Union for Environmental Defense is Israel's leading environmental advocacy organization. Known in Israel by its Hebrew name, Adam Teva v'Din, IUED has expertise in law, science, planning and economics. This is another strong fighter for the cause.

Israel has its challenges as do we. It isn't a perfect world and it doesn't take one person, it takes a community to change. As a collective group all doing our part helps make the world a better place for all of us and our future generations. Don't forget we were told to take care of this planet we live on. It is halakhah (Jewish law).

As a side note, I would like to thank Blayne Peltzman and Cindy Getzoff for collecting the hats, gloves and scarves for Ohel Children & Family services of the Five Towns. This community outreach will help dozens of children keep warm this winter.

***Doreen Guzik, Sisterhood President***

## **EDUCATION Cindy Getzoff - Education Vice President**

The Sisterhood/Men's Club Shabbat was a beautiful and spiritual Shabbat. We are so fortunate to have such learned and talented members in our congregation. The theme: ***Relationships/Count your Blessings***, was perpetuated during the weekend. Our mitzvah cake was filled with so many simchas.

Thank You so much to my committee, Doris Cooper and Zita Jospa, who worked so very hard to make the Shabbat weekend a success. Todah Rabbah to Michelle Turk (our cantor) and Dvorah Lumerman (haftorah) who prepared so beautifully and who shined on the Bimah. And thanks to all the PJC members of Sisterhood and Men's Club that participated. An extra thanks to all of you who just came and supported this wonderful event.

## **Sisterhood Special Project: M'Yad L'Yad by Sharon Kunoff**

It is almost Purim and we are planning to send our family a package to help them celebrate. We expect to send a child's Purim basket as well as any donations received. At our last update, the children's sizes were still: Samantha: size L pants, XL or 12 tops, L dresses, M skirts and size 2 shoes, and Jordyn: size 7, 8 or M pants, 10 or L tops, M dresses, 7 or M skirts and 1 ½ shoes. Spring items would be especially welcomed. Slightly larger clothing will most likely fit also or can be saved for a later date. Please try to help! Cash gifts are used to send gift cards so that they can fill in with items most needed and help with daily expenses. The girls enjoy DS and Leapster games, puzzles, age appropriate craft projects and finger paints. The girls also enjoy DVDs so those designed for children or families would be appreciated. Gift cards are always welcome. Sisterhood uses all cash donations to purchase gift cards to their favorite stores. Gift cards to King Kullen, Stop and Shop, or Trader Joe's will enable them to purchase their favorite Passover goodies. Please support this worthwhile project!

**To donate contact Rhonnie at [pamba66@aol.com](mailto:pamba66@aol.com) or Sharon at [skunoff@optonline.net](mailto:skunoff@optonline.net)**

## **TORAH FUND - Liz Danziger, Torah Fund Coordinator**

*The Torah Fund supports our future rabbis, cantors, teachers and Jewish community leaders at the Jewish Theological Seminary. The money raised through our Torah Fund contributions is an important part of fostering and maintaining the continuity of the Jewish conservative movement. You can help in this effort by making donations to Sisterhood's Torah Fund or simply purchasing Torah Fund greeting cards. Occasions such as Mazel Tov, Get Well, Rejoicing with You, New Baby, and of course Condolences are all available for \$4.00 each. The cards can be purchased at any Sisterhood meeting or event, or they can be mailed to the recipient for you by contacting:*

*Elyse Schrage - 822-7062, Joyce Rimer - 433-4826  
or Elizabeth Danziger - 935-2894*



# MAH JONGG CARDS FOR 2011

Now is the time to order your  
**2011 Mah Jongg Card!**  
 Orders are being taken for delivery  
 in early April.  
 Orders **MUST** be received by February 7th.

Please contact Judy Forman at 822-9536  
 Standard cards - \$7.00  
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## Sisterhood Purim Kits for College Kids

If you are interested in sending a kit(s), please provide the following information:

Name of College Student: \_\_\_\_\_

College Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Who is sending the kit: \_\_\_\_\_

Name(s) to be signed on card: \_\_\_\_\_

**SEND:** \$15.00 per kit if you are a Sisterhood Member;  
 \$20.00 per kit if you are not a Sisterhood Member

**TO:** Sisterhood PJC, 95 Floral Drive, Plainview, NY 11803; Attention: Purim Kits

We plan to be sending out lots of kits this year so be sure to place your order early!  
 \*Please remember that the cut-off date for ordering is *Wednesday March 2nd*,  
 so we can ensure delivery by Purim, March 19th.

**PJC SISTERHOOD ZAHAVA PRESENTS**



**SUNDAY, FEBRUARY 13TH**

**9:15 -10:45AM**

**CERTIFIED ZUMBA INSTRUCTOR, AMY BERNSTEIN  
OPEN TO ALL SISTERHOOD MEMBERS!**

***THERE IS A SISTERHOOD MEETING  
TUESDAY, FEBRUARY 1ST.  
JOIN US FOR  
SCATTERGORIES!***

***OUR BINGO FUND RAISING EVENT  
WILL BE RESCHEDULED!***

**SISTERHOOD JUDAICA SHOP**

The *Sisterhood Judaica Shop* has gifts for all your holiday needs. We have a large selection of seder plates, menorahs, mezuzahs, jewelry and head coverings for both men and women. Our great holiday serving pieces, including platters and utensils, are wonderful for celebrating and entertaining with family and friends.

***WHEN YOU THINK GIFTS, THINK SISTERHOOD JUDAICA!***

## BUY JNF TREES FROM SISTERHOOD

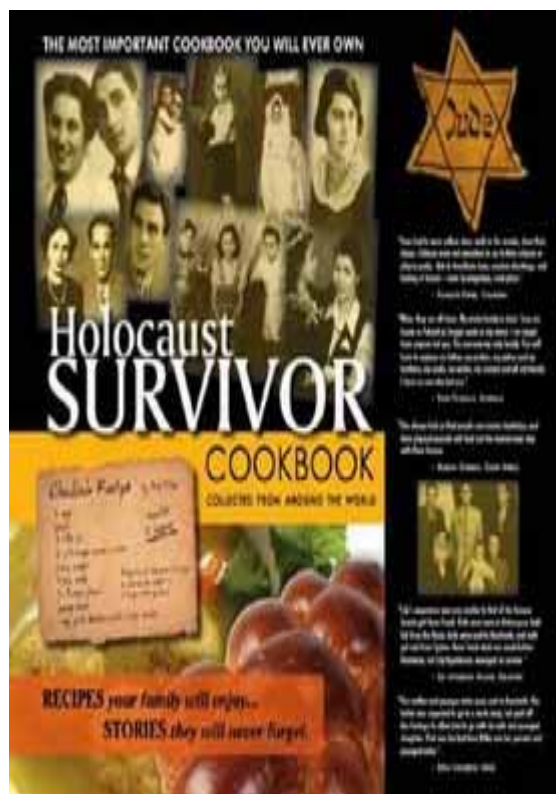
THEY CAN BE IN MEMORY OF A LOVED ONE

OR IN HONOR OF A LOVED ONE

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JNF TREES ARE \$18.00 EACH

PLEASE CONTACT ELYSE SCHRAGE @ 822-7062



## HOLOCAUST SURVIVOR COOKBOOK

Our Sisterhood has added a new item to our list of fund raising which has already proven to be a great success for our temple. It is called the "Holocaust Survivor Cookbook". It is a beautifully published book containing 129 amazing and miraculous stories of courage & survival and includes over 250 delicious recipes which were favorites of these great people and their families. You will enjoy their recipes, but their stories will never be forgotten. They are selling for \$36.00 and the profits on every book will be donated strictly to the Plainview Jewish Center. They will be displayed at every Sisterhood meeting. Or, you can call Marilyn Cohen at 822-4553 to order. This is a great book to have for your home or for a gift for your family and friends. This book makes a meaningful gift. And, as a bonus, you will also be supporting our temple.

## MAY WE SERVE YOU

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Mitzvah Committee: Call Temple Office: 938-8610 (Shiva Set-up & Shiva Chairs Available)





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***GRATEFULLY ACKNOWLEDGES***

**UJA  Federation**  
*of New York*

***FOR THE SYNAGOGUE LEADERSHIP  
DEVELOPMENT PROJECT STIPEND***

***GRANT #102672***

***JULY 1, 2010 - JUNE 30, 2011***

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## **Israel Affairs by Sharon Kunoff**

Usually, near the end of December or the beginning of January, one begins to read about the important events of the previous year. This type of recap is not something I have ever thought about doing, since I tend to think what is past is past, so why dwell on it. However when reading an article by Jonathan Marks, who is a regular columnist in the Jewish Week, I got a different perspective on things. He decided to examine world reaction to Israel and what she is doing, not by looking at main stream media and people's perception of it, but by analyzing main stream media in retrospect, and by also considering some alternate media reactions.

His article began as follows:

**“What was the most ignored story of 2010? Israel. Really.**

***Only a handful of mainstream newspapers covered the Palestinian claims to the Western Wall and Rachel's Tomb; or that Palestinian rockets were still landing in Israel; or the 1930s level of anti-Semitism in the official Palestinian media; or the Palestinian claims that Haifa and Sderot are occupied territory; let alone not covering the transcendent beauty of daily religious life and Jewish culture in Israel.***

***Yes, the general media covered the settlements incessantly, almost always with the settlements depicted as the singular obstacle to peace, as well as covering the claims of Orthodox coercion in Israel.***

***But despite the conventional wisdom that the media is obsessed with Israel, the latest data, primarily from the Pew Research Center, shows that Israel was not even one of the five biggest stories in 49 of the 52 weeks in 2010.”***

At first his conclusions surprised me, but we know that the media tends to focus on violence and excitement and not the normal everyday mostly good things that happen around the world. In fact when I look back at the articles I submitted to Orbit in the past 12 months, most focus on things that world media would not find of interest. Last month I did talk about the fires in the Haifa area, which did reach main stream media for a short while, but that was already 2011. I did two articles on the attempts to change the way conversions are done in Israel which will be detrimental to non-Orthodox Jews around the world. This is still a hot topic for us, but it is not the kind of thing that would invoke world attention. Speaking of the conversion bill, I just heard today that the moratorium on the bill has been extended another six months. Hooray for us!!

I talked about how the world is ignoring Gilad Shalit, again not something many outside the Jewish community take note of and I'm not sure how often we ourselves think of him. Perhaps we should be mentioning him in our prayers weekly, when we intone the prayer for Israel at services on Shabbat morning. I've talked about proposed changes to the Kotel, the problems experienced by the “Women of the Wall”, how the security fence has just about eliminated suicide bombings in Israel, how the Palestinian economy on the West Bank is flourishing, how even parts of Gaza have become normal, with a magnificent world-class mall. It's a pity that Hamas so far hasn't let this hint of normalcy filter down to their general public.

( continued on Page 25 )

**Israel Affairs** ( continued from Page 24 )

The media did talk a bit about how Obama and Netanyahu appeared to be at odds when they met in October, but this attention didn't seem to really faze either man, both have gone about their business and seem to be accepting of each other. American Israeli relations appear to be on an even keel and we expect good things to happen in the current year. In fact the media even quickly dropped the story about the permits given to build apartments in Jerusalem. Jonathan Marks stated that the media gave less attention to that story that week than to a recall by Toyota. Similarly while the Turkish Flotilla did make the papers with possibly more negative than positive coverage, but some of each, the total coverage that week was less than that for the month old Gulf Oil spill!!

This is not to say that American Jews are not interested in news of Israel and other items of Jewish interest. But they get their news elsewhere rather than main stream media. Blogs, Facebook, Twitter and the like are the outlets of choice for the younger Jewish population and even for many others. Sunday we learned of the unexpected death of Debbie Friedman, the well known composer, teacher, and performer of Jewish music. She wrote the beautiful "Mi Shebeirach" prayer that we sing every Shabbat when praying for those who are ill. I have learned that her funeral was streamed live from Temple Beth Shalom in Santa Ana California!! I'd say this certainly indicates an interest of Jews in things Jewish. Even non-Jews tend to show an interest in Jewish items on the web.

I am looking forward to another year of relative peace and normalcy for Israel and the world, so we can watch Israel continue to grow and prosper and we can all help increase its tourism. Several of our congregants have recently visited Israel and I hope I can persuade them to share their experiences in Orbit!!

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**WE WISH TO THANK AND EXPRESS OUR APPRECIATION TO THE FOLLOWING FAMILIES FOR THEIR GENEROUS CONTRIBUTION TO THE YAHRZEIT FUND:**

**Mark Garbus  
 Roberta & Neil Kushner  
 Ross & Shirley Landesman  
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 Beatrice Leffert  
 Marjorie & Mitchell Kantor  
 Helen Rudowsky  
 Bruce Schachter  
 Janine Jackman  
 Ellen & George Rosenbaum  
 Jeffrey Hochdorf  
 Metty Kovadlo  
 Gale Teney  
 Morton Amster**

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### ***MEN'S CLUB by Stephen Taub***

February gets off to an action packed start! First, on Sunday February 6, Men's Club will be cooking pancakes for the Hebrew School. This is an annual event that generally fills the ballroom. So, we could use some help preparing the batter and cooking on the griddle. And remember, we never just add water.

Then, two nights later, February 8th, things will be heating up at PJC when we host the second annual Middle Eastern Night, featuring many of your favorite foods and a bellydancing show. And, those of you who were there last year know that this is an audience participation bellydancing show. So, we hope to see you there, even if it is very cold outside.

Don't forget that the World Famous Patio Players are back and better than ever. This year they will be performing "Fiorello!," a show about the former Mayor LaGuardia of NYC. Shows are scheduled for March 5th and 6th and 12th and 13th. And to keep with the spirit of Olde New York, we will be selling egg creams and pretzels. Tickets go on sale soon. We hope to see everyone there. It is always a fun evening or afternoon.

Make sure you don't miss these great events. Last month we had a very good turnout for our annual Texas Hold 'Em Tournament. And we had a great turnout for the annual Men's Club-Sisterhood Shabbat weekend.

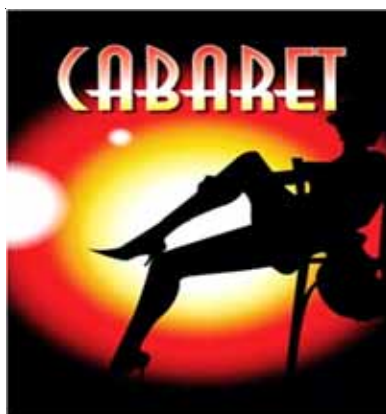
And, finally, it is not too late to buy a box for our Super Bowl pool. You can leave a message for Rob Cohen or David Dender in the PJC office or leave a check for \$20 per box made out to the PJC Men's Club.

It's never too late to join Men's Club. Again, leave a message for Rob Cohen in the Temple office.

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## Hatzilu Means Rescue

Hatzilu is reaching out to our community for help. This worthy organization has been assisting impoverished and needy Jews throughout Nassau County for many years. Volunteer social workers help elderly Jews obtain the government benefits to which they are entitled and food is provided to the hungry. Hatzilu maintains the largest kosher food warehouse in Nassau County and volunteers deliver food to people who need it desperately. The warehouse is in dire need of canned goods and nonperishable foods. Donations of these products would help restock the shelves that are almost bare.

Hatzilu appreciates all money donations as well. A food collection box will be placed by the main entrance of the synagogue.

Thanks for helping those in need. For further information about Hatzilu, please go to: [www.hatzilurescue.org](http://www.hatzilurescue.org) or call 931-2884.

*Arlyne Skolnik*

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## M'yad L'yad (Helping Hands)

Please join Sisterhood, other members of PJC and many others on Long Island as an anonymous sponsor of a LI family in need .

All you need do is send a package as few as four(4) times per year through your local UPS store. M'yad L'yad will pay the shipping cost. For more information, call Marilyn or Marty Leibowitz at 822-6965.

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## **PSSST! IT'S OKAY TO TALK ABOUT OTHER PEOPLE**

Respecting others' privacy is an important Jewish value. *Lashon HaRa*—gossip—is uniformly condemned by our tradition. But there is at least one exception. When someone is ill or in need of care and support, it is a mitzvah to tell people who can help.

In our community, the Rabbi and Cantor provide pastoral support to individuals and families who are suffering illness and those who need emotional support. The Rabbi also serves as the liaison to our newly formed Bikur Cholim Committee; which provides additional visits and support to those who request it.

Please let the Rabbi and Cantor know when someone in our congregation is ill; or when a family is dealing with a crisis. Only when they know can they reach out to individuals and families in need. Only when they know can they mobilize our Bikur Cholim committee to provide additional support. Don't worry that they might already have the information. Don't worry that you are "bothering" these busy people. The information you provide will be vital to helping our congregation to serve the needs of those who need us the most.

Rabbi Conn and Cantor Wolk can be reached at PJC at (516) 938-8610.

Rabbi Conn can be reached by cell at (516) 524-7447  
or by email at rabbiconn@plainviewjewishcenter.com.

## ***ATTENTION ALL CONGREGANTS:***

***OUR WEEKDAY EVENING MINYANS  
ARE IN NEED OF A FEW GOOD PEOPLE!***

***WEEKDAY MINYAN IS AT 8PM AND LASTS 15 MINUTES.***

***ANY DAY YOU CAN COME DOWN  
WILL BE GREATLY APPRECIATED.***

***THANK YOU***

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## PJC BUY A BRICK PROGRAM

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Larry Speiller at (516) 938-810.



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**Cost:** Single Graves available at \$550 each grave.

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**Terms:** 25% down with interest free monthly payments for a period of up to two (2) years.

**Eligibility:** Available to PJC Members ONLY.

For information call: **JOEL FASS 938-7351**